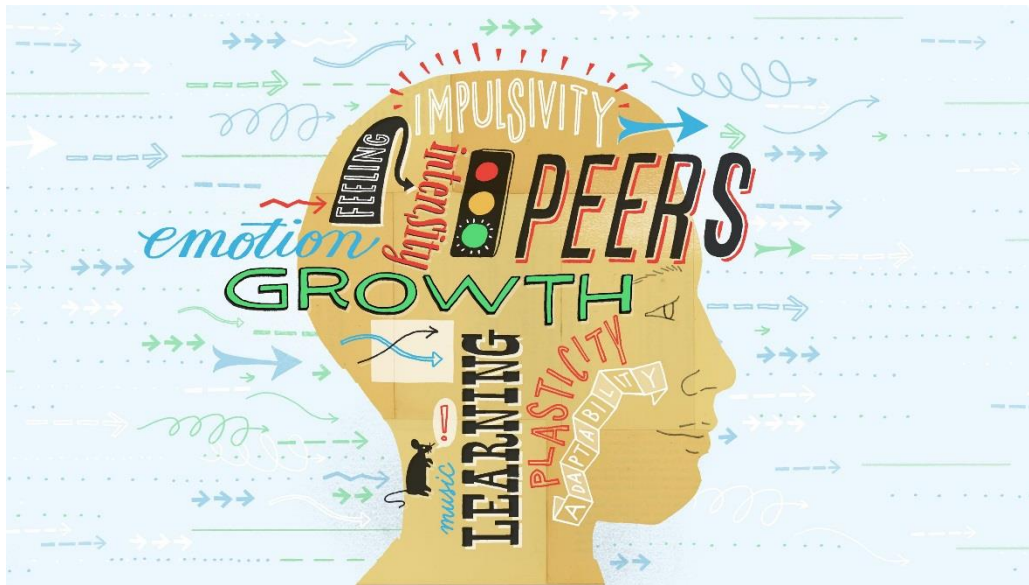


Reflection#2: Inside the Teenage Brain

After listening to the podcast, and reading the related article, please respond to the following questions. Your responses should be posted as Reflection #2 on the Reflections page of your ePortfolio. You will be assessed in accordance to the Reflection Rubric.

- 1) Consider the Six Brain-Friendly Principles for Engaged Learning outlined in the article. How does your experience as a Whistler Secondary student shape up? Please use specific examples to support your response.
- 2) As a society, we have long assigned benchmarks for certain ages. For example, the age of consent, eligibility to drive, vote, drink alcohol, or be tried in court as an adult. Given what you have now learned about brain development, do you agree with these benchmarks? Explain.
- 3) What are your thoughts on the analogy of the “teenage brain being a car without brakes?”



CBC Radio. (2020). *Inside the teenage brain: How science is helping us understand adolescents*. Retrieved from: <https://www.cbc.ca/radio/ideas/inside-the-teenage-brain-how-science-is-helping-us-understand-adolescents-1.5443307>

See, A. & Mustafam N. (Producers). (January 28, 2020). *Inside the teenage brain: How science is helping us understand adolescents*. Retrieved from: <https://www.cbc.ca/radio/ideas/inside-the-teenage-brain-how-science-is-helping-us-understand-adolescents-1.5443307>